# NJ CAR 2020 Health Insurance Survey Results

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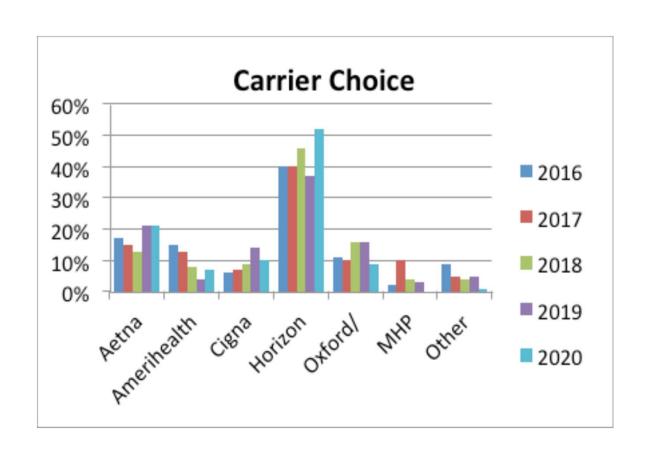
# Webinar Agenda

- Introduction
- 2021 Benefits Survey Review
- A Balanced Benefits Portfolio
- The Role of Technology
- Who is an Ideal Fit for Self-Insurance
- Long Term Control Wellness Program Impact on Costs
- Q and A
- Closing Remarks

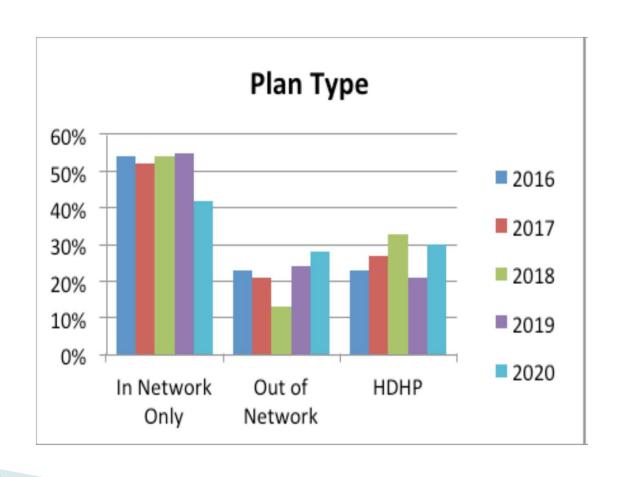
## Background

- > 2020 results represent the 7th Annual NJ CAR benefits survey.
- Dealer survey participation was down slightly, allowing us to continue sharing meaningful trends over time.
- We did see a shift towards more small dealerships responding, as well as an increase in participation by Northern New Jersey dealers.

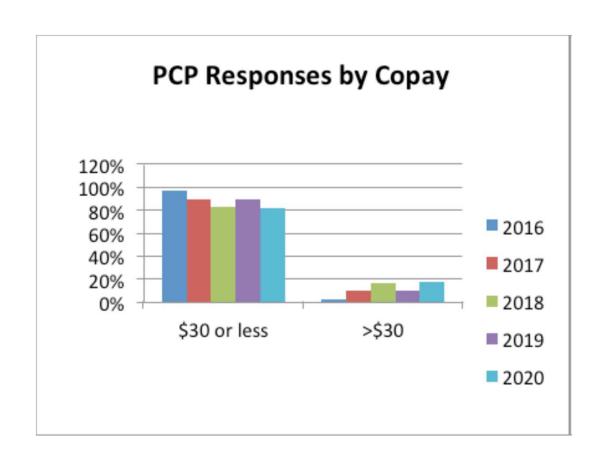
## Market Share Summary



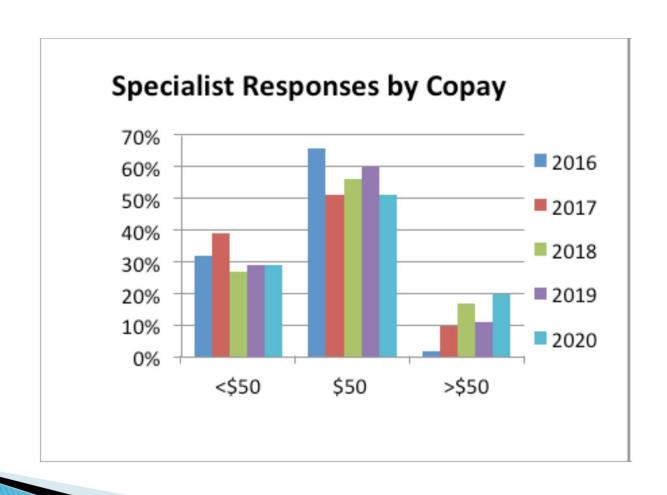
# Plan Designs Utilized



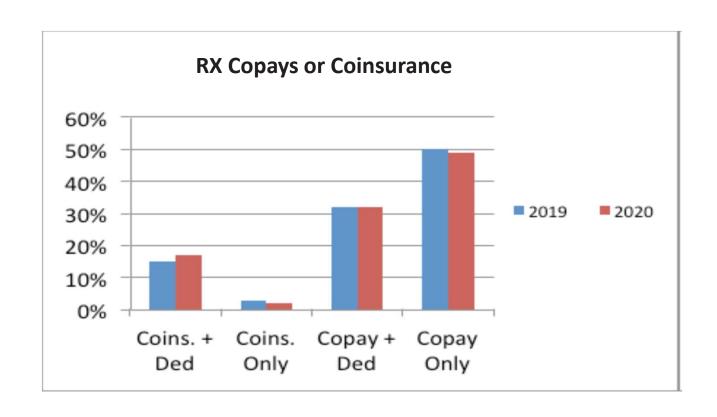
# PCP Copay



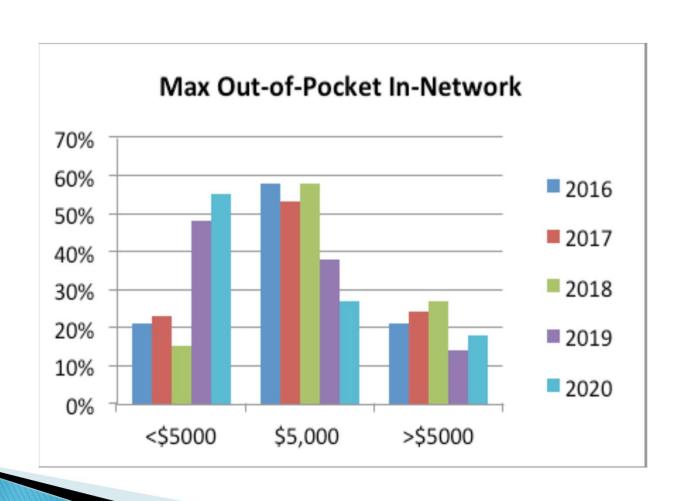
# Specialist Copays



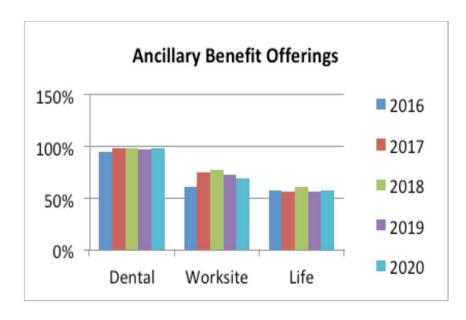
# Prescription CoPay

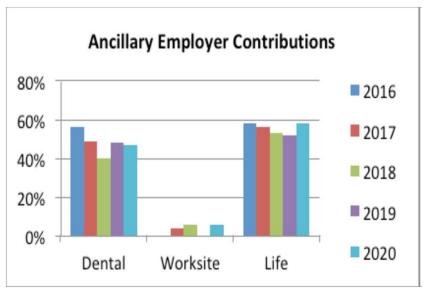


#### Max Out-of-Pocket in Network

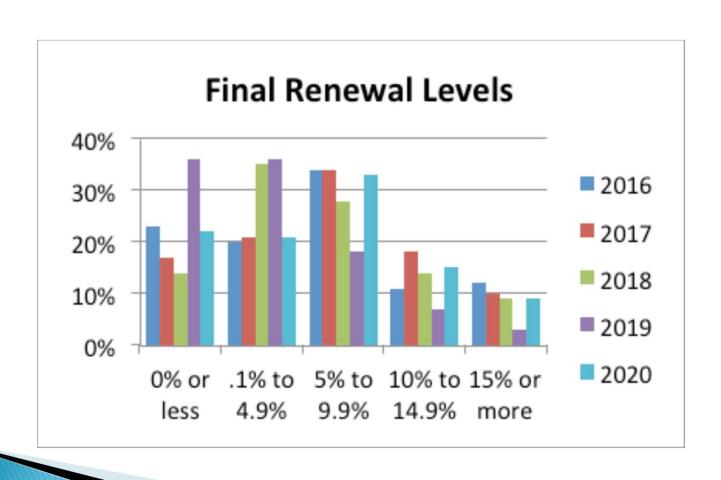


# Ancillary Benefit Offerings

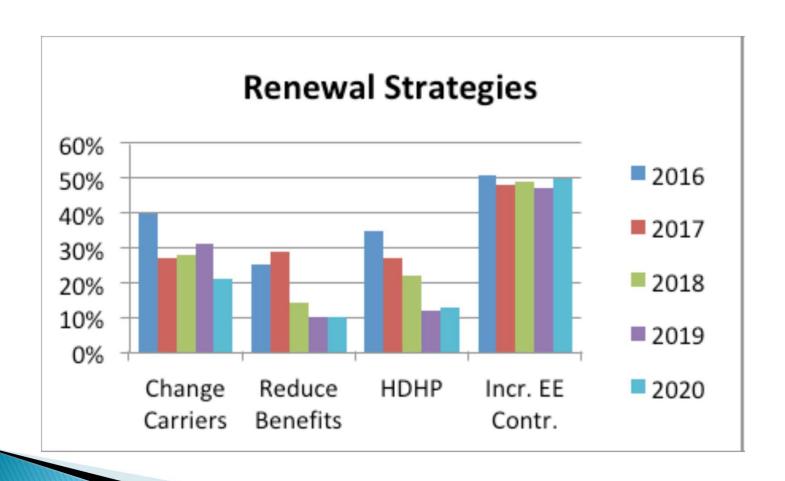




# Final Renewal Increases After Changes



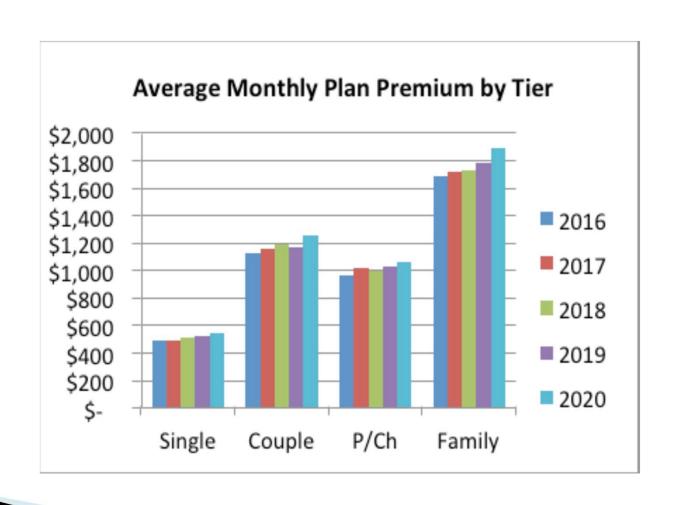
# Strategies Used to Control Increases



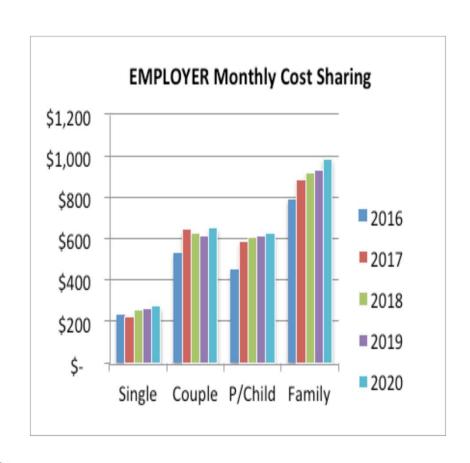
#### Premiums and Contributions

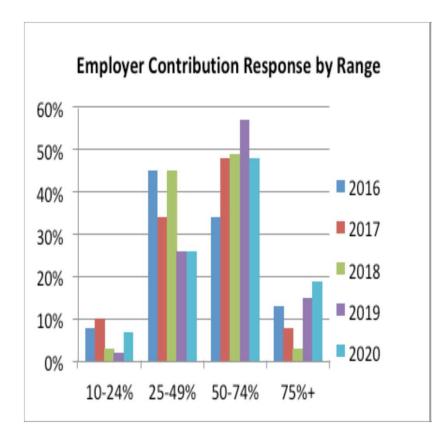
- Key concerns facing most dealer principals and managers include:
  - The competitiveness of plan designs being offered
  - The competitiveness of employee contributions
  - > The employer's expense in offering an enviable benefits package.

## Average Plan Premium

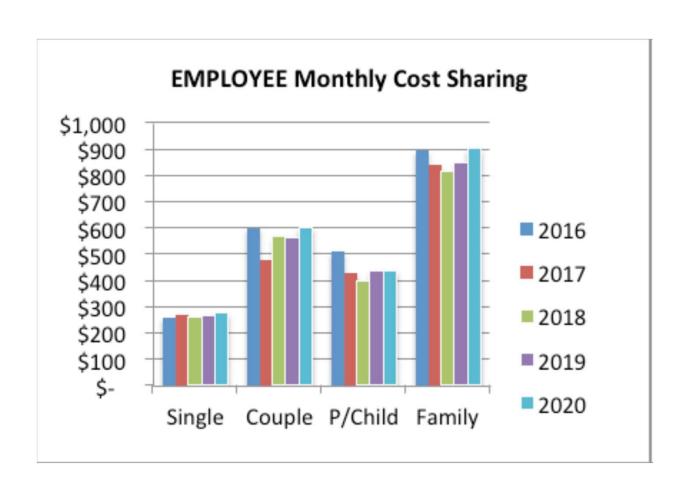


## **Employer Contributions**





## **Employee Annual Contributions**



#### Marketplace Comparison

- > Premiums for employer-sponsored health coverage nationwide rose by about 4% in 2020, according to a survey by Kaiser Family Foundation (KFF).
- The annual change in premiums is similar to the yearto-year rise in workers' earnings (3.4%) and inflation (2.1%).
- However, over time, what employers and workers pay toward premiums continues to rise more quickly than wages and inflation. Since 2010, average family premiums have increased 55%, at least twice as fast as wages (27%) and nearly three times more than inflation (19%).

#### Summary

- For 2020, we saw employer contributions, as a percentage of premium, remain steady at 52%.
- Employers generally split the cost of higher premiums with employees.
- Each paid approximately 6% more for coverage in 2020.

#### Summary

- We saw the strategy of increasing employee cost sharing at its lowest level since 2016. As a result, employer costs and employee costs have been reasonably stable.
- Key decision points are the competitiveness of the coverage being offered and the affordability for both the employer and employees.
- > Plan designs saw minimal changes in 2020.

#### Summary

- We continue to see the popularity of High Deductible Health Plan options and self-insurance, copays. However, Rx coverage, and maximum out-of-pocket expenses have remained relatively constant over the past few years.
- In these uncertain times, it is difficult to forecast 2021 renewal levels, but it is unlikely to improve based on early indications.

## Employee Benefits and Health Insurance Trends: Hot Topics

Ward Bauman – Corporate Synergies

Bruce Mazzarelli – HUB International/Fotek

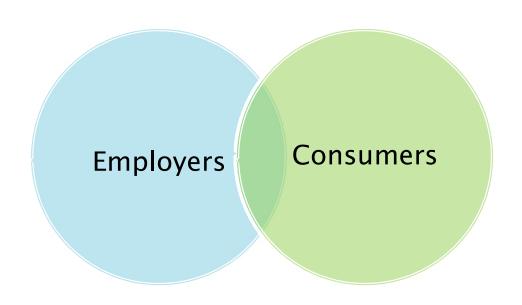
Louis Young – WithumSmith + Brown

#### A Balanced Benefits Portfolio

- It starts with understanding the needs of one's employees
  - Persona Analysis a detailed study of your workforce
- Beyond Medical, Dental, Life...
  - > Supplemental and Family Life, Disability, Worksite Benefits such as Accident and Critical illness, Pet Insurance
- > Financial Products
  - > HSA, FSA, College Loan Refinance, Loan Assistance vs. 401k contributions
- Why Expand Offerings?
  - > To meet the needs of diverse individuals
  - > Group pricing, employee paid, limited admin

## The Role of Technology

- Employer
  - Data Analytics
  - > Benefits Administration
  - Communication Strategies
- Consumer
  - Wearable Devices
  - > Telemedicine
  - Mobile Apps



#### An Ideal Fit for Self Insurance

- Why Self Insurance?
  - Control, long terms Savings, flexibility, Access to data
- Group Size?
  - ➤ Level Funded 25+, or as a transition to ASO
  - >ASO 100+, perhaps less in a captive
    - Carrier vs. Third Party Administrator
- > Who is a fit?
  - ➤ Willing to take on risk
    - > Typical risk corridor is +25%
  - > Accepting of budget fluctuations
  - > Desire to see actionable data
  - Need greater plan flexibility

#### Wellness Programs:

#### Crawl

- Wellness/Healthcare Newsletters
- Carrier Wellness and Rewards Programs
- > Encourage and Incentivize Annual Wellness Programs

#### > Walk

- Implement Programs: Smoking Cessation, Weight Loss, Stress Reduction
- Incentivize Wellness Activities
- Conduct Health Risk Assessments
- > Wellness Coaches: Dieticians, nutritionists, stress management



#### Wellness Programs:

- What Does it Mean to Run?
  - Outsourced Vendors/Systems: Tracking, reporting, challenges
  - > Full Biometrics
- What is the Impact?
  - Employer
  - Employees
- > ROI

## **Hot Topics**

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